

Lunch Menu

Week 1

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| Days | AM  Snack | Starter | Main Meal | Dessert | PM  Snack |
| **Monday** | Cream cracker,  cheese & orange | Soup | Quorn meatballs in tomato sauce with rice and vegetables |  | Fromage frais & green apple |
| **Tuesday** | Banana roll & grapes |  | Roast chicken, yorkshire pudding with potatoes & seasonal vegetables | Fruit | Breadstick, carrot & cucumber,  yoghurt dips & easy peeler |
| **Wednesday** | Pitta bread, cheese &  melon | Soup | Fish fingers with potatoes and seasonal vegetables |  | Chicken roll & red grapes |
| **Thursday** | Banana loaf & green apple |  | Steak pie with potatoes and seasonal vegetables | Yoghurt | Oatcake,  cheddar cheese & melon |
| **Friday** | Crumpet & green apple | Soup | Chicken curry with rice & fresh vegetables |  | Turkey sandwich & banana |