


Glasgow  **Helps**



**Do you have a child
under 3 and live in
Govan?**

We can offer free, confidential support and advice on

0141 276 1185

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Glasgow Helps offers free, confidential support, information, and advice for citizens on a wide range of issues.

Glasgow Helps is a new service set up to work directly with citizens. We'll listen to what you need, and what your aims are, and work with you to help you access the right support services at the right time.

For more information or an informal chat, call us on **0141 276 1185** to discuss the support available to you and your family. Staff are available Monday to Friday 9am-5pm.



Single Father of Two

We are so grateful for the help from Glasgow Helps and if it wasn't for the initial phone call, I am not sure I would have known who to contact. I feel like a weight has been lifted off my shoulder



Glasgow
Council
for the
Voluntary
Sector





Glasgow Helps

Do you live in Glasgow and need a *'wee bit of help'*?

Glasgow Helps is a new service set up to work directly with the people of Glasgow.



Glasgow
Council
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We'll listen to what you need, what your aims are, and work with you to help you to access the right support services at the right time in the right place.

For more information, call us on the number below to discuss the support available to you and your family.

0141 276 1185

We are able to make arrangements for an interpreter if required.



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